

It's *a bit* tasty



Bernard Gilpin Primary School

Autumn / Winter Menu

School Meals


Sunderland
City Council

Week 2

Week 2 - week commencing:

- 28th Sept 20 • 19th Oct 20
- 9th Nov 20 • 30th Nov 20
- 11th Jan 21 • 1st Feb 21

Drinks - Milk, water and a selection of juice or milkshake available daily

Vegetables - A selection of vegetables and salad bar available daily

Bread - Freshly baked bread available each day

The following additional desserts are available daily:

Cheese & crackers, yoghurts, fresh fruit / fruit salad.

Meat Free Monday

Tomato and basil pasta served with herby garlic bread fingers

Vegetable stir fry with sweet chilli noodles

Sandwich selection (cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Jam roly poly served with custard

Fun Food Tuesday

Cheeseburger in a bun served in a basket with curly fries

Quorn tex mex tacos with crispy tortilla chips

Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Strawberry muffin delight

Roast Dinner Wednesday

Roast chicken or turkey served with gravy, yorkshire pudding and crispy roast potatoes

Sweet potato, lentil & chickpea curry served with rice and naan bread

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Fresh Fruit Wednesday (a special range of fresh fruit)

Best of British Thursday

Mince & dumplings served with creamed potatoes

Home made cheese quiche served with minted potatoes

Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Chocolate surprise cake served with custard

Fish Friday

Fish bites served with chips

BBQ quorn fillet served with sunshine rice

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Banoffee biscuit served with milk